



## GENERAL PRE-OP INSTRUCTIONS

- ❖ Patient may not have anything to eat or drink (including water) for six (6) hours prior to the appointment
- ❖ A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home
- ❖ The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia
- ❖ Please wear loose-fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes
- ❖ Contact lenses, jewelry, denture and piercings (tongue, lip) must be removed at the time of surgery
- ❖ Do not wear lipstick or nail polish on the day of surgery
- ❖ If you have an illness such as a cold, sore throat, nausea and vomiting, please notify the office
- ❖ If you take routine oral medications, please let your office know at the time of your consult.
- ❖ Please turn all cell phones and electronic devices with your driver